

CASSW 2023 FALL CONFERENCE

FRIDAY NOVEMBER 10TH, 2023



Pre-Conference Sessions

9:00AM-4:00PM

LAWS AND ETHICS IN SCHOOL SOCIAL WORK

Robert Ayasse, LCSW, PPSC, School Social Work Consultant

Social work practice in school settings presents a variety of unique legal and ethical issues. This two part workshop first reviews the relevant legal codes such as FERPA, Minor Consent for Treatment, and HIPAA, and introduces a decision making process for coping with ethical dilemmas. The second session reviews the educational rights of foster and emotionally disturbed youth in order to enhance social workers' advocacy skills on their behalf. Participants will discuss vignettes that are drawn from situations encountered in practice.

PREVENTING BIAS BASED BULLYING - A WELCOMING SCHOOLS MODULE

Benjamin Kennedy & Maria Al-Shamma, MSW, PPSC Welcoming Schools Trainers

Welcoming Schools is a national professional development program with six different modules. This module will help attendees understand the impact of bias-based bullying in our schools and provide practical strategies for being proactive leaders for our students. (I was thinking that if we decide to extend the conference sessions to Friday, this is when this would fit.

WELCOMING SCHOOLS: SUPPORTING TRANSGENDER & NON-BINARY ELEMENTARY SCHOOL STUDENTS

Benjamin Kennedy & Maria Al-Shamma, MSW, PPSC Welcoming Schools Trainers

This workshop will help you implement effective practices and policies to create school climates where transgender and non-binary students can thrive emotionally and academically.

CASSW 2023 FALL CONFERENCE

SATURDAY NOVEMBER 11, 2023



**WELCOME
& KEYNOTE**

8:45-9:15AM

Captain's Room



CRISTINA DOBON-CLAVEAU, LCSW, PPSC

CASSW President

Cristina has been a member of the CASSW Board since 2017. She started her career as a School Social Worker in 2005 in Minnesota and was active in her state School Social Work organization. She and her family moved to Sacramento in 2013 where she has worked in a variety of leadership roles in districts advocating for students, caregivers and the School Social Work profession. She is an instructor at California State University Sacramento where she teaches the School Social Work PPS courses. She currently serves as an elementary Vice Principal in Sacramento.



DR. DOMINIQUE SMITH, ED.D, PPSC

Principal of Health Sciences High and Middle College, Author, Trainer

Dominique Smith is a principal, social worker, mentor, and a national trainer on restorative practices. He is passionate about creating school cultures that honor students and build their confidence and competence. He is the winner of the National School Safety Award from the School Safety Advocacy Council.

His major area of research and instruction focuses on restorative practices, classroom management, growth mindset, and the culture of achievement. In addition to his school leadership responsibilities, Smith provides professional learning to K-12 teachers in groups large and small and on many topics that address classroom and school climate and organization. He is a regular presenter at many conferences for organizations around the world.

He is the co-author of *Better than Carrots and Sticks: Restorative practices for positive classroom management* (ASCD), *Removing Labels* (Corwin), *Building Equity* (ASCD) and *The Restorative Practices Playbook* (Corwin) as well as articles for *Principal Leadership* and *School Leadership*.

Smith earned his Master's in Social Work from the University of Southern California and a doctorate in educational leadership at San Diego State University.

**CAPTAIN'S
ROOM****STAY OVER PROGRAM: A COMMUNITY SCHOOL APPROACH TO
CREATE EMERGENCY SHELTERS FOR STUDENTS AND FAMILIES
EXPERIENCING HOUSING INSECURITY**

Multi Disciplinary Teams from Beuna Vista Horace Mann K-8 Community School & Dolores Community Services

Presenters make up the multidisciplinary teams from BVHM Community School and Dolores Community Services and will share their journey implementing their community school program through their toolkit which includes documents, samples and other items they created to cultivate collaborations and provide the resources needed to meet the needs of their students and community.

**ANCHOR
ROOM****AFFIRMING AND ADVOCATING FOR TRANSGENDER AND
GENDER DIVERSE STUDENTS**

Maria Al-Shamma, MSW, PPSC, District Social Worker for Oceanside Unified School District & Welcoming Schools Trainer

This workshop will help equip attendees with tools to support their transgender and gender diverse students in their schools, no matter what the current status of school climate may be.

**CORAL
ROOM****COUNTY OFFICE OF EDUCATION SUPPORTING DISTRICTS: TWO
STORIES OF SCHOOL SOCIAL WORKERS LED SCHOOL-WIDE
ACTIVITIES**

Kern County Superintendent of Schools & San Lauren Elementary School Social Worker Teams

The workshop will explore how KCSOS (Kern County Superintendent of Schools) started supporting districts with School Social Workers and the development of the Kern SSW Community of Practice. Then it will explore the stories of two SSWs that lead school-wide activities.

**DOCKSIDE
ROOM****STUDENTS HELPING STUDENTS: SUPPORTING SCHOOL-WIDE PEER
MENTORSHIP**

Alex Wayne, LCSW, PPSC Private Practice Therapist & Alexis Mele, NCC, PPSC, APCC School Counselor-Laguna Beach Unified School District

In this workshop, we will review what makes a good peer helping program, how to establish one on your campus and how to support your school's vision on supporting student's mental health and wellness.

TERRACE
ROOM

ATTENDANCE IMPROVEMENT, DROPOUT PREVENTION, AND THE ROLE OF THE SCHOOL SOCIAL WORKER

Howard Blonsky, LCSW, PPSC, Author and Retired School Social Worker

In this interactive workshop, the presenter will share and discuss factors that lead students to dropout prior to graduation from high school. Attendees will review core responsibilities and competencies that school social workers use to improve student attendance and prevent students from dropping out of school. Attendees will also review positive approaches to school climate through and the perspective of 9th graders from diverse backgrounds. .

SESSION 2

11AM-12:15PM

ANCHOR
ROOM

MINDFUL CONNECTIONS: THE POWER OF SCHOOL-BASED WELLNESS CENTERS IN SUPPORTING STUDENT MENTAL HEALTH

Maria Jarquin, LCSW, Director of School Mental Health Sandy Segal Youth Health Center

The presentation will showcase the key elements of a successful wellness center, including the importance of community partnerships, innovative programming, and staff training. Attendees will gain insight into the impact of school-based wellness centers on student well-being, academic success, and future outcomes. The presentation will include real-life examples of successful wellness centers and provide actionable strategies for attendees to implement in their own schools.

CORAL
ROOM

USING EXPRESSIVE ARTS IN SCHOOLS

Christine Dennis, LCSW, PPSC & Nicole Espinosa, LCSW, PPSC

This workshop will be an interactive experience where participants engage in hands-on interventions that they can use with students in PK-12th grade in the area of school social work. Expressive arts is a multimodal modality that uses art, dance, music, play, drama and writing as ways to build rapport with children and adapt to the various treatment goals. This workshop uses these therapy methods in appropriation to a school based setting.



DOCKSIDE
ROOM

FROM THEORY TO PRACTICE TO WORKFORCE: BUILDING A MENTAL HEALTH WORKFORCE WITH SW INTERNS TO SUPPORT YOUR COMMUNITY SCHOOL

Los Angeles County Office of Education Sr. Program Specialists/Psychiatric Social Worker Team

This interactive workshop will take participants through the Los Angeles County Office of Education (LACOE) Community Schools Initiative's development and implementation of a robust internship program in partnership with local Universities. Participants will understand how this Social Work training program helps to address the increasing mental health and socioemotional needs of students and families and how it supports the Social Work workforce.

TERRACE
ROOM

KEEPING IT REAL: HOW SHOWING UP AUTHENTICALLY AS A BIPOC CAN HELP YOUR WORK

Sandra Gonzalez, LCSW, PPSC, School Social Worker Clinical Supervisor, Mending Matters

This workshop offers a unique opportunity for BIPOC school social workers to come together and keep it real. We will discuss how showing up authentically can help enhance their workplace and social work practice. Topics that will be explored will include authenticity, code-switching, imposter-syndrome, wellness strategies, and professionalism.

12:15-1:00PM Lunch in the Captain's Room

SESSION 3

1:15-2:30PM

ANCHOR
ROOM

SUPPORTING FIRST GENERATION AND BIPOC YOUTH IN THE EDUCATIONAL SECTOR TOWARDS UPPER MOBILITY

Valetta Molofsky, MSW, PPSC, ACSW, PHD (ip), VP CASSW, President/ Founder HC Black Music and Arts Association and Cultural Educator Glen Edward Literacy Kuumba Literacy Foundation.

This workshop utilizes a mind-body medicine approach of integral/transformational leadership, while also applying the phenomenological (one's lived experience) understanding of constructive social expectations versus school outcomes. Participants will explore through a cultural lens while engaging in somatic practices and narrative inquiry.



CORAL
ROOM

IMPROVING EDUCATIONAL OUTCOMES FOR FOSTER YOUTH THROUGH FOSTERING ACADEMIC SUCCESS IN EDUCATION (FASE)

County of San Diego, Child & Family Wellbeing Department Team

Fostering Academic Success in Education (FASE) is a program that aims to elevate the education success of youth in foster care through collaborative and well-coordinated services between community partners from the County of San Diego Health & Human Services Agency, Child Welfare Services (CWS), San Diego County Office of Education (SDCOE), and multiple school districts across the county. In this workshop, we will highlight program collaboration across schools, districts, and government offices.

DOCKSIDE
ROOM

LEVERAGING SCHOOL-BASED MENTAL HEALTH PROFESSIONALS: ENSURING EQUITABLE ACCESS AND OUTCOMES FOR ALL STUDENTS.

Jenée Peevy, MSW, PPSC, CWA Coordinator, Systems of Support, San Diego County Office of Education

This workshop will discuss the effectiveness of an integrated services approach to ensure meeting the needs of ALL students. Through the collaboration of school-based mental health professionals, schools can reach more students experiencing barriers to academic success due to mental health and social emotional needs. Learn how school social workers, counselors, psychologist, and nurses play a critical role in providing mental health services, positive school environments, and school community and safety.

TERRACE
ROOM

BE THE CHANGE YOU WISH TO SEE IN THE WORLD: MACRO PRACTICE IN THE SCHOOL AND DISTRICT SETTING

Amy Redding, MSW & PPSC Intern/Student California State University San Marcos

This workshop will introduce school social workers to the macro world of school systems in an effort to build confidence in their ability to affect change and build leadership among students, parents, and community members. Time will be embedded in this session to develop a personal plan to affect change in an area near and dear to the participant's heart.

**CAPTAIN'S
ROOM****SUPPORTING TRANS AND NONBINARY YOUTH**

Trans Family Support Services Team

This session will give you the tools and resources you need to more deeply understand issues around gender, and use this knowledge to support and empower trans and nonbinary students. Participants to this workshop will hear directly from those with both lived experience and professional experience working in the transgender community and leave with powerful, practical strategies that work in order to affirm and support the transgender community.

**ANCHOR
ROOM****THREE PERSPECTIVES OF GRIEF - STUDENTS, PARENTS, AND YOU**

Regina Siez, LCSW, PPSC, PCE Solutions & Temecula Valley Unified School District

In this workshop, participants will learn how to support students dealing with grief in the school setting. Dealing with loss affects every aspect of a child's life. Often, families do not talk to each other about death thus making it difficult for children to process the death. Participating in groups designed to address death provides a platform for children to express their thoughts and beliefs regarding death. They can then share their experience with parents and other family members facilitating conversation in the home. It is necessary to address key components of grief in an age appropriate manner in an effort to facilitate the development of healthy coping skills.

**CORAL
ROOM****WHAT EVEN IS MTSS & HOW DO I FIT IN?: TRIED AND UNIQUE INTERVENTIONS FOR INTEGRATING YOUR WORK INTO THE MTSS FRAMEWORK.**

Sandra Gonzalez, LCSW, PPSC, School Social Worker/Clinical Supervisor, Mending Matters

Have you heard of MTSS (multi tiered systems of support) and wondered what people are talking about? Have you ever wondered how you fit into the MTSS framework as a social worker? Maybe you are a new social worker looking to gain more insight, or a veteran social worker looking for more ideas! In this workshop, participants will gain understanding of MTSS as well as discover some tried and unique ways to integrate School Social Work into every level.



DOCKSIDE
ROOM

SELF-CARE FOR THOSE WHO CARE FOR OTHERS

Catalina Andrade, Holistic Health Practitioner, Masters in Organizational Leadership and Doctoral Candidate

When it comes to their work, social workers are known for being sympathetic and caring. Unfortunately, these human abilities lead to physical, mental, and emotional exhaustion. The challenge is, how can social workers treat themselves with the same caring and empathy that they do for others? The solution is self-care. Even when social workers recognize the value of self-care, they rarely practice it on a regular basis. This workshop will assist social workers in the following ways: recognize their current self-care mindset; recognize what self-care means to them. As a result, social workers will learn what needs to change in their self-care perception in order for them to prioritize self-care.

***THANK YOU TO OUR CASSW FALL 2023 CONFERENCE
COMMITTEE FOR ALL OF THEIR HARD WORK ON PLANNING THIS
GREAT LEARNING EVENT***

CRISTINA DOBON-CLAVEAU
CHARLENE FRAVIEN
JENEE PEEVY
PAUL BRAZZEL
MARIA AL-SHAMMA
HALEEMAH ZULALI

KATIE OUIMET
TAM NGUYEN
JAMES WOGAN
MICHELLE SANTIAGO
KIMBERLY MCMILLIAN

*Thank
you!*